



DESCRIPTION

Powdered formula containing whey protein, carbohydrate, fat, vitamins and minerals for a diet high in Medium Chain Triglycerides (MCT) and low in Long Chain Triglycerides (LCT).

USE UNDER MEDICAL SUPERVISION

INDICATIONS

For the dietary management of long chain fatty acid oxidation disorders, fat malabsorption and other conditions requiring a high MCT, low LCT diet. Suitable from 1 year of age.

DOSAGE AND ADMINISTRATION

To be determined by the clinician or dietitian and is dependent on the age, body weight, and medical condition of the patient.

PREPARATION GUIDELINES

LIPStart is typically mixed with water. Follow the preparation instructions given by your dietitian or clinician.

The standard dilution of approximately 0.67 kcal/ml is made by adding 1 level scoop of LIPStart (5 g) to 30 ml of water. Use the scoop provided in the can or a gram scale for greatest accuracy.

1. Wash your hands and clean surfaces, utensils, and formula container.
2. Boil water and leave to cool for no more than 30 minutes to ensure it remains at a temperature of at least 70°C.
3. Measure out the required amount of water into the formula container. Do not use artificially softened water or repeatedly boiled water.
4. Using the scoop provided, add the prescribed number of scoops of LIPStart to the water, leveling off each scoop with the back of a clean dry knife. Return dry scoop to LIPStart can.

5. Seal formula container and shake well until powder is dissolved. Test the temperature before feeding, the formula should feel warm or cool but not hot.

6. LIPStart is now ready to use.

Any prepared formula should be refrigerated and used within 24 hours. Re-shake before use.

Do not heat LIPStart in a microwave as uneven heating may occur and could cause a burn. Do not boil LIPStart.

STORAGE

Store in a cool dry place.

Once opened, LIPStart powder must be tightly sealed and consumed within 4 weeks.

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400 g can

IMPORTANT NOTICE

Must only be used under strict medical supervision.

Not for intravenous use.

For enteral use only (orally or tube feeding).

LIPiStart Nutrition Information

	Units	Per 100 g	Per 100 ml (0.67 kcal/ml dilution)
Calories	kcal	469	70
Protein	g	12	1.8
Carbohydrate	g	58	8.7
Sugars	g	6.0	0.9
Total Fat	g	21	3.2
Saturated fat	g	16.4	2.5
Polyunsaturated fat	g	2.1	0.31
Linoleic Acid	mg	1470	220
Arachidonic Acid (ARA)	mg	100	15
Linolenic acid	mg	230	34
Docosahexaenoic Acid (DHA)	mg	100	15
Monounsaturated fat	g	1.6	0.24
Medium Chain Triglycerides	g	15.6	2.34
Long Chain Triglycerides	g	4.4	0.66
VITAMINS			
Vitamin A	µg RE	408	61
Vitamin D	µg	9.4	1.4
Vitamin E	mg α TE	6.0	0.9
Vitamin C	mg	53	8.0
Vitamin K	µg	24	3.6
Thiamin	mg	0.53	0.08
Riboflavin	mg	0.71	0.11
Niacin	mg	3.7	0.56
Vitamin B6	mg	0.46	0.07
Folic Acid	µg	71	11
Vitamin B12	µg	1.0	0.15
Pantothenic Acid	mg	2.5	0.38
Biotin	µg	16	2.4
Choline	mg	142	21
Inositol	mg	53	8.0
MINERALS			
Sodium	mg	210	31
Potassium	mg	430	64
Chloride	mg	320	48
Calcium	mg	355	53
Phosphorus	mg	270	40
Magnesium	mg	40	6.0
Iron	mg	5.1	0.77
Copper	mg	0.36	0.05
Zinc	mg	4.1	0.61
Manganese	mg	0.24	0.04
Iodine	µg	81	12
Molybdenum	µg	22	3.3
Selenium	µg	17	2.6
Chromium	µg	11	1.6
AMINO ACIDS			
L-Carnitine	mg	12	1.8
Taurine	mg	40	6.0

LIPiStart

Ingredients: Dried Corn Syrup, Medium Chain Triglycerides (from Coconut and Palm Kernel Oil), Whey Protein Concentrate (Milk), Soybean Oil, Calcium Phosphate, Canola Oil, Mono- and Diglycerides, Potassium Chloride, Choline Bitartrate, Potassium Citrate, Maltodextrin, M. Alpina Oil*, Magnesium Phosphate, C. Cohnii Oil**, Calcium Chloride, Sodium Ascorbate, Sodium Caseinate, Dipotassium Phosphate, Inositol, Taurine, Sunflower Oil, Zinc Gluconate, Sodium Citrate, DL-Alpha-Tocopherol Acetate, L-Carnitine L-Tartrate, Ferrous Sulfate, Vitamin D3, Vitamin A Acetate, Niacinamide, Calcium Pantothenate, Copper Gluconate, Manganese Gluconate, Riboflavin, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Vitamin K1, Citric Acid, Ascorbyl Palmitate (Preservative), Tocopherols (Preservative), Potassium Iodide, Folic Acid, Chromium Chloride, Sodium Molybdate, Sodium Selenite, Biotin, Vitamin B12.

Contains: Milk.

*A source of Arachidonic Acid (ARA)

**A source of Docosahexaenoic Acid (DHA)

At 0.67 kcal/ml:

Osmolality: 180 mOsm/kg

Manufactured in Germany for VitaFlo USA, LLC.

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