



air<sub>20</sub><sup>®</sup>



## DESCRIPTION

### Ready-to-drink Phenylalanine-free Protein Substitute

A blend of essential and non-essential amino acids, carbohydrate, docosahexaenoic acid (DHA), vitamins and minerals.

### USE UNDER MEDICAL SUPERVISION

## INDICATIONS

For use in the dietary management of Phenylketonuria (PKU) from 3 years of age.

## DOSAGE AND ADMINISTRATION

To be determined by the clinician or dietitian, and is dependent on the age, body weight, and medical condition of the patient.

Each 174 ml pouch of PKU air20 provides 20 g of protein equivalent.

## PREPARATION GUIDELINES

Shake well before use. Best served chilled.

## STORAGE

Store in a cool dry place or refrigerate before use if desired.

Once opened, seal cap and refrigerate. Re-shake before use. Discard any unused product after 24 hours.

## PACK SIZE

30 x 174 ml pouches

## NET

5.2 L

Available in Yellow, Green and Gold flavour.

## IMPORTANT NOTICE

Must only be consumed by people with proven Phenylketonuria (PKU) under strict medical supervision.

Diet must be supplemented with natural protein, water, and other nutrients in prescribed quantities to supply phenylalanine, fluid, and general nutrition requirements.

Not for intravenous use.

For enteral use only.

Not for use as a sole source of nutrition.

## PKU air20 Nutrition Information

	Units	per 174 ml (1 pouch)
Calories	kcal	110
Protein equivalent	g	20
Total Carbohydrate	g	3
Sugars	g	0
Total Fat	g	1.5
Saturated Fat	g	1
Docosahexaenoic Acid (DHA)	mg	118
<b>VITAMINS</b>		
Vitamin A	µg RE	200
Vitamin D	µg	8
Vitamin E	mg α TE	4.5
Vitamin C	mg	30
Vitamin K	µg	20
Thiamin	mg	0.60
Riboflavin	mg	0.65
Niacin	mg	3.0
Vitamin B6	mg	0.75
Folate	µg	140
Vitamin B12	µg	1.35
Biotin	µg	11
Pantothenic acid	mg	1.6
Choline	mg	170
<b>MINERALS</b>		
Sodium	mg	110
Potassium	mg	200
Chloride	mg	125
Calcium	mg	350
Phosphorus	mg	330
Magnesium	mg	100
Iron	mg	6.0
Copper	mg	0.60
Zinc	mg	4.5
Manganese	mg	0.40
Iodine	µg	70
Molybdenum	µg	18.5
Selenium	µg	21
Chromium	µg	11.5
<b>AMINO ACIDS</b>		
L-Alanine	g	0.92
L-Arginine	g	1.50
L-Aspartic Acid	g	2.37
L-Cystine	g	0.61
L-Glutamine	g	0
Glycine	g	2.35
L-Histidine	g	0.92
L-Isoleucine	g	1.62
L-Leucine	g	2.54
L-Lysine	g	1.67
L-Methionine	g	0.45
L-Phenylalanine*	g	0
L-Proline	g	1.69
L-Serine	g	1.04
L-Threonine	g	1.62
L-Tryptophan	g	0.50
L-Tyrosine	g	2.38
L-Valine	g	1.86
L-Carnitine	mg	23
Taurine	mg	44

\*No added phenylalanine.

Manufactured in the Republic of Ireland for Vitaflo USA, LLC.  
 1007 US Highway 202/206, Building JR-2, Bridgewater, NJ 08807  
 Tel: 1-888-848-2356 | Fax: 1-631-693-2002 | Email: vitafloNAM@vitaflousa.com  
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### YELLOW – MANGO BREEZE (ARTIFICIALLY FLAVOURED)

**Ingredients:** Water, L-lysine L-aspartate, L-leucine, L-tyrosine, Glycine, Malic acid, L-arginine L-aspartate, L-valine, L-proline, L-threonine, L-isoleucine, Modified corn starch, Calcium phosphate, L-serine, Soy lecithin, L-alanine, L-histidine, Dried glucose syrup, Magnesium phosphate, Refined tuna oil (fish), L-cystine, Choline bitartrate, Potassium citrate, L-tryptophan, Natural and artificial flavour, L-methionine, L-arginine, Salt, Xanthan gum, Ascorbic acid, Beta-carotene (colour), Acesulfame potassium, Sodium ascorbate, Zinc gluconate, Sucralose, Taurine, Potassium sorbate (preservative), L-carnitine L-tartrate, Dipotassium phosphate, Sodium benzoate (preservative), Ferrous sulfate, DL-alpha tocopherol acetate, Mono- and diglycerides, Copper gluconate, Vitamin D3, Manganese gluconate, Vitamin A acetate, Niacinamide, Calcium pantothenate, Vitamin B12, Biotin, Pyridoxine hydrochloride, Potassium iodide, Thiamine hydrochloride, Riboflavin, Vitamin K1, Folic acid, Sodium selenite, Chromium chloride, Sodium molybdate, Tocopherols (preservative).

**Contains:** Fish (tuna) and Soy.

Each pouch of PKU air20 Yellow contains 73 mg of Acesulfame Potassium and 42 mg of Sucralose.

### GREEN – CITRUS TWIST (ARTIFICIALLY FLAVOURED)

**Ingredients:** Water, L-lysine L-aspartate, L-leucine, L-tyrosine, Glycine, Malic acid, L-arginine L-aspartate, L-valine, L-proline, L-threonine, L-isoleucine, Modified corn starch, Dried glucose syrup, Calcium phosphate, L-serine, Soy lecithin, L-alanine, L-histidine, Magnesium phosphate, Refined tuna oil (fish), Natural and artificial flavour, L-cystine, Choline bitartrate, Potassium citrate, L-tryptophan, L-methionine, L-arginine, Salt, Xanthan gum, Beta-carotene (colour), Ascorbic acid, Sodium ascorbate, Acesulfame potassium, Taurine, Zinc gluconate, Sucralose, Potassium sorbate (preservative), L-carnitine L-tartrate, Dipotassium phosphate, Sodium benzoate (preservative), Ferrous sulfate, DL-alpha tocopherol acetate, Mono- and diglycerides, Copper gluconate, Vitamin D3, Manganese gluconate, Vitamin A acetate, Niacinamide, Calcium pantothenate, Vitamin B12, Biotin, Pyridoxine hydrochloride, Potassium iodide, Thiamine hydrochloride, Riboflavin, Vitamin K1, Folic acid, Sodium selenite, Chromium chloride, Sodium molybdate, Tocopherols (preservative).

**Contains:** Fish (tuna) and Soy.

Each pouch of PKU air20 Green contains 49 mg of Acesulfame Potassium and 42 mg of Sucralose.

### GOLD – COFFEE FUSION (ARTIFICIALLY FLAVOURED)

**Ingredients:** Water, L-lysine L-aspartate, L-leucine, L-tyrosine, Natural and artificial flavour, Glycine, Malic acid, L-arginine L-aspartate, L-valine, L-proline, L-threonine, L-isoleucine, Modified corn starch, Calcium phosphate, L-serine, Soy lecithin, L-alanine, L-histidine, Dried glucose syrup, Magnesium phosphate, Refined tuna oil (fish), L-cystine, Choline bitartrate, Potassium citrate, L-tryptophan, L-methionine, L-arginine, Sodium chloride, Xanthan gum, Ascorbic acid, Sodium ascorbate, Acesulfame potassium, Taurine, Zinc gluconate, Sucralose, Potassium sorbate (preservative), L-carnitine L-tartrate, Dipotassium phosphate, Sodium benzoate (preservative), Ferrous sulfate, DL-alpha tocopherol acetate, Mono- and diglycerides, Copper gluconate, Vitamin D3, Manganese gluconate, Vitamin A acetate, Niacinamide, Calcium pantothenate, Vitamin B12, Biotin, Pyridoxine hydrochloride, Potassium iodide, Thiamine hydrochloride, Riboflavin, Vitamin K1, Folic acid, Sodium selenite, Chromium chloride, Sodium molybdate, Tocopherols (preservative).

**Contains:** Fish (tuna) and Soy.

Each pouch of PKU air20 Gold contains 49 mg of Acesulfame Potassium and 42 mg of Sucralose.

**Osmolality:** 1400 mOsm/kg



Innovation in Nutrition

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