



sphere[®]15



DESCRIPTION

Powdered Low Phenylalanine Protein Substitute

A blend of whey protein isolate (glycomacropeptide – GMP), essential and non-essential amino acids, carbohydrate, fat (including docosahexaenoic acid – DHA), vitamins and minerals.

USE UNDER MEDICAL SUPERVISION

INDICATIONS

For use in the dietary management of Phenylketonuria (PKU) from 3 years of age.

DOSAGE AND ADMINISTRATION

To be determined by the clinician or dietitian and is dependent on the age, body weight, and medical condition of the patient.

Each 27 g packet of PKU sphere15 provides 15 g of protein equivalent and contains 28 mg of phenylalanine.

PREPARATION GUIDELINES

Step 1: Measure 120 ml of cold water into a cup with lid.

Step 2: Add 1 packet of PKU sphere15.

Step 3: Secure lid and shake until powder is fully dissolved.

Step 4: PKU sphere15 is now ready to use.

The product should be freshly prepared and consumed immediately.

However, if this is not possible, any prepared product must be tightly covered and consumed within 4 hours at room temperature or within 24 hours if refrigerated.

Re-shake before use.

STORAGE

Store in a cool dry place.

Packets are designed for single use and should be used immediately once opened.

PACK SIZE

30 x 27 g packets

NET WT.

810 g

Available in Vanilla and Red Berry flavours.

IMPORTANT NOTICE

Must only be consumed by people with proven Phenylketonuria (PKU) under strict medical supervision.

Diet must be supplemented with natural protein, water, and other nutrients in prescribed quantities to supply phenylalanine, fluid, and general nutrition requirements.

Not for intravenous use.

For enteral use only.

Not for use as a sole source of nutrition.

PKU sphere15 Nutrition Information

	Units	per 27 g (1 packet)
Calories	kcal	90
Protein equivalent	g	15
Total carbohydrate	g	5
Sugars	g	2
Total Fat	g	1.0
Saturated fat	g	0.3
Docosahexaenoic acid (DHA)	mg	85
VITAMINS		
Vitamin A	µg RE	200
Vitamin D	µg	3
Vitamin E	mg α TE	4.0
Vitamin C	mg	15
Vitamin K	µg	16
Thiamin	mg	0.40
Riboflavin	mg	0.40
Niacin	mg	2.5
Vitamin B6	mg	0.35
Folic acid	µg	70
Vitamin B12	µg	1.1
Biotin	µg	8.5
Pantothenic acid	mg	1.3
Choline	mg	140
MINERALS		
Sodium	mg	220
Potassium	mg	150
Chloride	mg	10
Calcium	mg	250
Phosphorus	mg	300
Magnesium	mg	80
Iron	mg	5.0
Copper	mg	0.40
Zinc	mg	5.0
Manganese	mg	0.25
Iodine	µg	60
Molybdenum	µg	14
Selenium	µg	20
Chromium	µg	8.0
AMINO ACIDS		
L-Alanine	g	0.64
L-Arginine	g	0.74
L-Aspartic acid	g	1.01
L-Cystine	g	0.19
L-Glutamine	g	2.08
Glycine	g	0.55
L-Histidine	g	0.54
L-Isoleucine	g	1.10
L-Leucine	g	2.33
L-Lysine	g	0.73
L-Methionine	g	0.22
L-Phenylalanine	mg	28
L-Proline	g	1.24
L-Serine	g	0.78
L-Threonine	g	1.77
L-Tryptophan	g	0.31
L-Tyrosine	g	1.74
L-Valine	g	0.88

VANILLA (ARTIFICIALLY FLAVOURED)

Ingredients: Whey Protein Isolate (Milk), L-Leucine, Sugar, L-Tyrosine, Natural and Artificial Flavour, Modified Corn Starch, Soy Lecithin, L-Arginine, Calcium Lactate, Magnesium Phosphate, Calcium Phosphate, Corn Syrup, L-Histidine, Choline Bitartrate, Glycine, Refined Tuna Oil (Fish), L-Tryptophan, L-Lysine L-Aspartate, L-Cystine, Sodium Ascorbate, Zinc Gluconate, Maltodextrin, Dipotassium Phosphate, Ferrous Sulfate, L-Methionine, Sucralose, DL-Alpha Tocopheryl Acetate, Potassium Iodide, Mono- and Diglycerides, Chromium Chloride, Sodium Selenite, Sodium Molybdate, Copper Gluconate, Niacinamide, Manganese Gluconate, Vitamin A Acetate, Calcium Pantothenate, Vitamin D3, Vitamin B12, Biotin, Folic Acid, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin K1, Tocopherols (preservative).

Contains: Fish (tuna), Milk and Soy.

RED BERRY (ARTIFICIALLY FLAVOURED)

Ingredients: Whey Protein Isolate (Milk), L-Leucine, L-Tyrosine, Natural and Artificial Flavour, Modified Corn Starch, Sugar, Soy Lecithin, L-Arginine, Calcium Lactate, Magnesium Phosphate, Calcium Phosphate, Corn Syrup, L-Histidine, Choline Bitartrate, Glycine, Refined Tuna Oil (Fish), L-Tryptophan, Beet Juice Concentrate (Colour), L-Lysine L-Aspartate, L-Cystine, Sodium Ascorbate, Zinc Gluconate, Maltodextrin, Dipotassium Phosphate, Ferrous Sulfate, L-Methionine, Sucralose, DL-Alpha Tocopheryl Acetate, Potassium Iodide, Mono- and Diglycerides, Chromium Chloride, Sodium Selenite, Sodium Molybdate, Copper Gluconate, Niacinamide, Manganese Gluconate, Vitamin A Acetate, Calcium Pantothenate, Vitamin D3, Vitamin B12, Biotin, Folic Acid, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin K1, Tocopherols (preservative).

Contains: Fish (tuna), Milk and Soy.

PKU sphere15 (Vanilla/Red Berry) contains 15 mg of sucralose per 27 g packet.

Osmolality PKU sphere15 Vanilla

27 g (1 packet) + 120 ml water = 572 mOsm/kg

Osmolality PKU sphere15 Red Berry

27 g (1 packet) + 120 ml water = 609 mOsm/kg

Manufactured in the Netherlands for Vitaflou USA, LLC.

1007 US Highway 202/206, Building JR-2, Bridgewater, NJ 08807

Tel: 1-888-848-2356 | Fax: 1-631-693-2002 | Email: vitaflouNAM@vitaflouusa.com

www.vitaflou.ca | Code: VFCA_PKUSPH15DS_062020

All trademarks are owned by Société des Produits Nestlé S.A., Vevey, Switzerland. © 2020 Nestlé.



Innovation in Nutrition

A Nestlé Health Science Company