

# Tube Feeding Intolerance Checklist

You can use the checklist below to help see if your child may be suffering from tube feeding intolerance.

Check the items below that tell how your child is feeling. It helps to add notes to better describe how often the symptoms occur and how long they last.

Check all that apply

Notes on severity, frequency and duration

---

Nausea (your child feels sick to his/her stomach)

---

Vomiting

---

Reflux (feeling like stomach contents are coming back up to his/her throat)

---

Feeling of Fullness

---

Bloating or swollen belly/abdomen

---

Diarrhea/loose stools

---

Constipation

---

Feedings are being stopped or you need to slow down the rate of feedings because your child feels unwell or is irritable/fussy

---

If you checked one or more of the above, your child may have tube feeding intolerance.

Talk to your healthcare professional about how to manage these symptoms and if there may be another feeding formula to help make your child's feedings easier and more comfortable.