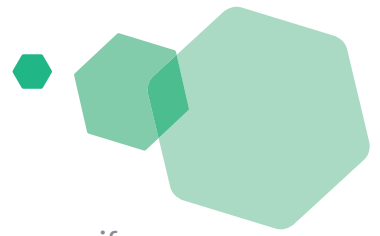


PERSONAL CARE



Your mouth

Keeping your mouth clean is important when tube feeding, even if you are not eating and drinking. Your healthcare professional may recommend you brush your teeth each day and use lip balm to help keep your lips moist.

Ask about the best way to keep your mouth clean and which products you should use.

Follow the advice from your healthcare professional.

Instructions

Your nose

If you are taking your feeding through a nasogastric tube, the tube passing through your nose may cause mild irritation or you may notice some thick, crusty mucus in your nose.

Ask about the best way to take care of your nose.

Follow the advice from your healthcare professional.

Instructions

Your tube site

If you have a gastrostomy or jejunostomy tube, taking care of the skin around the area where the tube enters your body is very important.

Ask about the best way to take care of your tube site.

Follow the advice from your healthcare professional.

Instructions
